



# LIFE FITNESS THERAPY

## Pool Policies

The Policies of the pool are enforced to maintain the health and safety of all patrons. Please follow these policies.

1. No food, alcohol, gum, or tobacco is permitted. There is no smoking allowed in the facility and participants under the influence of alcohol will be asked to leave.
2. No glass of any kind is permitted in the pool area.
3. No running in the hallways, locker rooms or pool area is permitted.
4. No pets are allowed.
5. All forms of jewelry should be removed before entering the pool. It is the participant's responsibility to secure all valuables.
6. Swimsuits or appropriate aquatic exercise wear must be worn by all participants. Pool shoes needs to be worn at all times.
7. Participants must shower before entering the pool.
8. Participants with skin infections, open sores or rashes are not permitted to use the pool.
9. Conduct that may endanger the welfare and comfort of others is prohibited.
10. In case of a pool emergency: exit the pool and wait on the deck until your program is resumed or canceled.
11. If you currently take medications which may be required during exercise, please keep them at the pool edge and explain the symptoms and administration of the medication to the practitioner.

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Patient Signature

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Date